



**Debbie Stankovich, MCLC**

**PERSONAL INFORMATION FORM**

Coaching is more effective and efficient if you can give the coach some information about yourself at the beginning. This is confidential information and you are free to pass on any of the questions. The more you complete, however, the better your coach will know you and be able to provide the best coaching experience.

Name: \_\_\_\_\_

Name you like to be called: \_\_\_\_\_

Address: \_\_\_\_\_

Phone (h): \_\_\_\_\_ Phone (w): \_\_\_\_\_

Phone (c): \_\_\_\_\_ Phone (f): \_\_\_\_\_

Primary e-mail address: \_\_\_\_\_

Occupation: \_\_\_\_\_

Employer name: \_\_\_\_\_

Date of birth: \_\_\_\_\_ Place: \_\_\_\_\_

Marital Status: \_\_\_\_\_

Children:

Name: \_\_\_\_\_ Gender: \_\_\_\_\_ Age: \_\_\_\_\_

Name: \_\_\_\_\_ Gender: \_\_\_\_\_ Age: \_\_\_\_\_

Name: \_\_\_\_\_ Gender: \_\_\_\_\_ Age: \_\_\_\_\_

Name: \_\_\_\_\_ Gender: \_\_\_\_\_ Age: \_\_\_\_\_

Why do you want coaching?

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Write a brief life story.

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Are you or have you ever been in counseling or therapy?

No     Yes

If “yes” please share more:

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Describe your spirituality. What is your relationship with God? In what ways do you sense God might be challenging you, nudging you in a different direction, or trying to get your attention?

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What are the most significant things happening in your life right now?

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In what ways would you like your life to be different one year from now? Be specific.

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What's getting in the way of these goals?

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List at least three things you procrastinate at – the things you've been putting off.

1.

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2.

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3.

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What are your insecurities about Christian coaching?

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What would you like me to know about you that I didn't ask?

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Debbie Stankovich, MCLC  
14410 188<sup>th</sup> Avenue East  
Bonney Lake, WA 98391